Techniques and strategies for practicing in general (M1–4)

Overview	The materials M1-4 comprise general, comprehensive learning techniques and tips: M1 offers eight short and simple tips for methods of working and memorization; M2 shows how students can practice the comprehension and rendering of connections. M3 and M4 are somewhat more challeng- ing. They show how to self-create efficient training aids (practice sheets with self-control, audio training, and flashcards).
Recommendations on implementing	All four sheets can easily be used for discussions of content relative to HLT. As always, the discussions with the HLT students should include references to typical applications in regular classroom instruction, as they should and must be able to apply these learning techniques there as well.
Μ1	It is useful to begin with the tips referenced in M1 (Practicing and training – reasons and a few hot tips). A good framework for this would be a class conversation about the topic of learning and learning tips. Following that, M1 will be distributed, read through and discussed. Who has already had experiences with which tip? The round ends with the question: Who tries out which tip for next week and reports about it in terms of which content? It would be good if for each of the seven tips one or several students would commit. The experiences of the "learning experts" will then be exchanged and discussed during the ensuing week. A second round can easily be implemented wherein all students try out another technique and report about it.
M2	M2 (Understanding content and rendering of content) is best introduced and implemented in terms of a specific HLT topic (e.g. a theme from the history of the country of origin, from grammar, or a literary or factual text which has to be rendered accurately). Here too, "test groups" are formed which report the following week about their experiences. This way, the students get to know as many learning techniques as possible. This sheet should repeatedly be the subject of class discussions.
M3 and M4	M3 and 4 show three somewhat more challenging, but highly efficient learning aids (self-made practice sheets, training with audio media, flash-cards). It is certainly useful to carefully discuss the suggestions in terms of a classroom lesson topic and to illustrate it by creating a specific example together with the students.